



XVITH ALL-SOKOL SLET 2018

Prague, Czech Republic
1 – 7 July, 2018



Invitation to the XVIth All-Sokol Slet 2018 in Prague



Dear friends

Although we are from many countries, we have so much in common that binds us together – a positive relationship to an active way of life, exercise and sport, and our shared commitment to values such as democracy, humanism and fair play principles in sport. And because friends should meet up, I am pleased to hereby invite you – personally and on behalf of the Czech Sokol Organization – to this great celebration of sport, culture and community, the XVIth All-Sokol Slet, which is taking place in Prague from 1 to 7 July 2018.

All-Sokol Slets have a long tradition stretching across three centuries – the first All-Sokol Slet took place in 1882 on the 20th anniversary of Sokol's establishment – and it has continued to the present day despite adverse historical periods such as the two world wars and totalitarian regimes. All-Sokol Slets have secured this long life not just through the will to continue the tradition, but especially through their modern content which has always corresponded to the interests and needs of the generations which have taken part.

All-Sokol Slets are not “just” a show of mass gymnastics performances (which are often imposing), with various cultural and social events, sports contests and shows, stage performances and a number of educational events also taking place. 2018 will be no different, with the XVIth All-Sokol Slet part of the celebrations of the 100th anniversary of the end of the Great (i.e. First World) War, to be commemorated across the world. The All-Sokol Slet also has a less formal role, providing the opportunity to meet informally and form new friendships.

Every All-Sokol Slet also includes the involvement of international guests – both active participants in gymnastics and sports performances, and also guests and spectators. Representatives of three continents – Europe, America and Australia – have taken part in recent All-Sokol Slets. Their performances have always provided great enrichment to the Slet programme. It would give us enormous pleasure if you could come to Prague and help us maintain this tradition.

I look forward, along with the whole Czech Sokol Organization, to being able to welcome you in July 2018 to the heart of Europe and the XVIth All-Sokol Slet in Prague, to which you are warmly invited.



A handwritten signature in blue ink, appearing to read 'Hana Moučková'.

Ing. Hana Moučková
Head of Czech Sokol

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Czech Sokol



Sokol is a unique organisation not just within the Czech Republic, but also from a global perspective – both in terms of its long history and the breadth of its mutually complementary and overlapping activities. Sokol (means Falcon in English) is the oldest gymnastics organisation in the Czech Republic and also one of the oldest sports organisations still operating in Europe and the world. Sokol was established in 1862 and soon expanded across the world – further Units were set up within the Czech lands along the model of the first Sokol organisation, Prague Sokol, and an umbrella organisation was later formed – the Czech Sokol Organization (Česká obec sokolská in Czech language). Sokol organisations were established across the world along the model of Czech Sokol, mainly in Europe but also in the United States of America, and eventually in Australia and Africa.

From its beginnings, Sokol's mission has been to promote all-round physical and mental development – in the spirit of Ancient Greek kalos kagathos – thus elevating the whole of society.

Since it was founded, Sokol has had a large impact on the Czech nation's patriotism; its programme has included the fight against nationalist oppression and it has promoted the principles of democracy and humanism.

Over its history, Sokol has also generated material and other assets which have served to meet not just the objectives of programme of Sokol itself, but also the needs of the whole of Czech, or Czechoslovak, society. Sokol has built hundreds of Sokolovna gyms, renovated Michna Palace, and was involved in building Strahov stadium. In the intellectual sphere, it has been involved in education, publishing and cultural activities, built cinemas, etc.

Organisationally, Sokol comprises Sokol Units which are associated within Sokol districts. Its headquarters is the Czech Sokol Organization (Česká obec sokolská – ČOS). Sokol organisations provide an extensive recreational programme. They facilitate increased physical fitness through gymnastics and sports activities of a general and particular nature, as well as participation in the cultural and social life of Sokol Units. It is all this together which is typical for Sokol.

The Sokol programme is open and accessible to new ideas. It offers a modern programme attractive to the contemporary generation – the Czech Sokol Organization currently includes over 1150 Sokol Units, and has around 160 000 members representing all age categories. Members can pursue their interests in three basic fields – in sport for all, in performance and top-level sport, and also in the cultural and social sphere.

Sokol versatile training (sokolská všestrannost in Czech language) has always been open to everyone. It develops your mobility – speed, strength, dexterity and endurance, it teaches you to win and lose, not to give up if you fail, not to be afraid. You will find people from every generation doing versatile training, who are not striving to give a high-level sports performance, but are rather training for general fitness, health, pleasure, experience.

Top Sokol athletes have represented the country at large international competitions and at the Olympic Games. Sokol Units discover and nurture young talent. The Czech Sokol Organization records 2000 Sokol Units of various performance levels within roughly ninety sports fields.

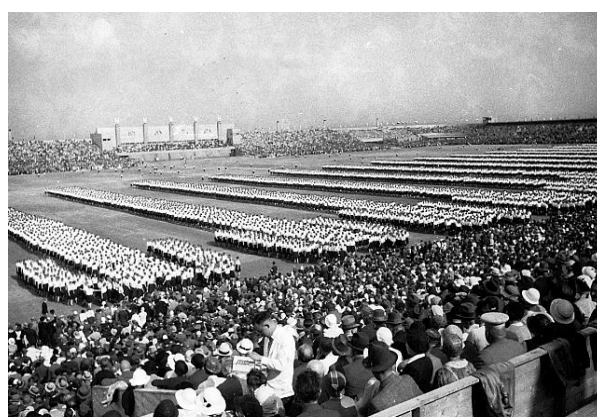
In line with the need for harmonic development of the body and mind, Sokol also undertakes cultural and educational activities. There are almost two hundred amateur dramatic, puppet, folk and music ensembles and choirs which keep national traditions alive and develop creativity, and help to nurture a cultural and social life even in small towns and villages. Sokol cultural activities also include exhibitions and talks.

The Czech Sokol Organization's Central School secures the training and further professional development of voluntary trainers, coaches, instructors and other volunteers.



History of All-Sokol Slet

The first Sokol Slet (Falcon gathering in English) was held in 1882 in Prague. The name "slet" comes from the Czech word for "a flocking of birds" (Czech plural: slety). The same word exists or can be synthesized from common Slavic roots in other Slavic languages. It refers to a mass gymnastics festival that became a grand tradition within the Sokol movement, which spread across Central Europe along with other Slavic movements such as the political movement of Pan-Slavism. The first and subsequent slets included an elaborate welcoming ceremony at the train station, mass demonstrations, gymnastics competitions, speeches, and theatrical events, open to members of all Sokols.



1882 – 1 600 parade, 700 gymnasts

1891 – 5 000 parade, 2 400 gymnasts, 7 000 spectators

1895 – 5 000 gymnasts, 30 000 spectators

1901 – 11 000 parade

1907 – 12 000 parade, 194 groups from CZ and the world

1912 – 30 000 gymnasts, 300 000 spectators

1st World War (1914 – 1918)

1920 – 100 000 gymnasts, 500 000 spectators

1926 – 140 000 gymnasts, 800 000 spectators

1932 – 190 000 gymnasts, 1 mil spectators

1938 – 350 000 gymnasts, 2 mil spectators

2nd World War (1939 – 1945)

1948 – over 500 000 gymnasts

Slet was politically forbidden by the communists.

1994 – 23 000 gymnasts

2000 – 25 000 gymnasts

2006 – 20 000 gymnasts

2012 – 20 000 gymnasts

2018 - 😊



Location and Venues

Czech Republic – Prague – Venues



Czech Republic – the heart of Europe



The Czech Republic is located in Central Europe, covers an area of 30 450 sq. miles, and has 10.5 million inhabitants. Due to its location, the CR is easily accessible from all over Europe.

The Czech Republic has an illustrious history that dates back to the 7th century. The CR is also known for its amazing natural beauty and stunning architecture. You can visit many UNESCO heritage sites here. In addition, the Czech Republic is one of the world's safest countries.

Currency: **Czech Crown (CZK, Kč)**

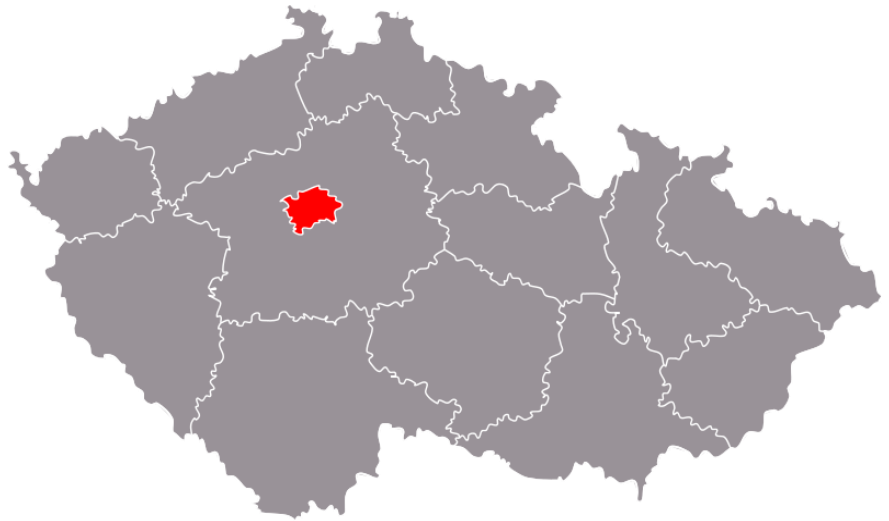
1 € = 26 CZK

1 USD = 23 CZK

Weather in July: **23°C, fine**

Official language: **Czech**

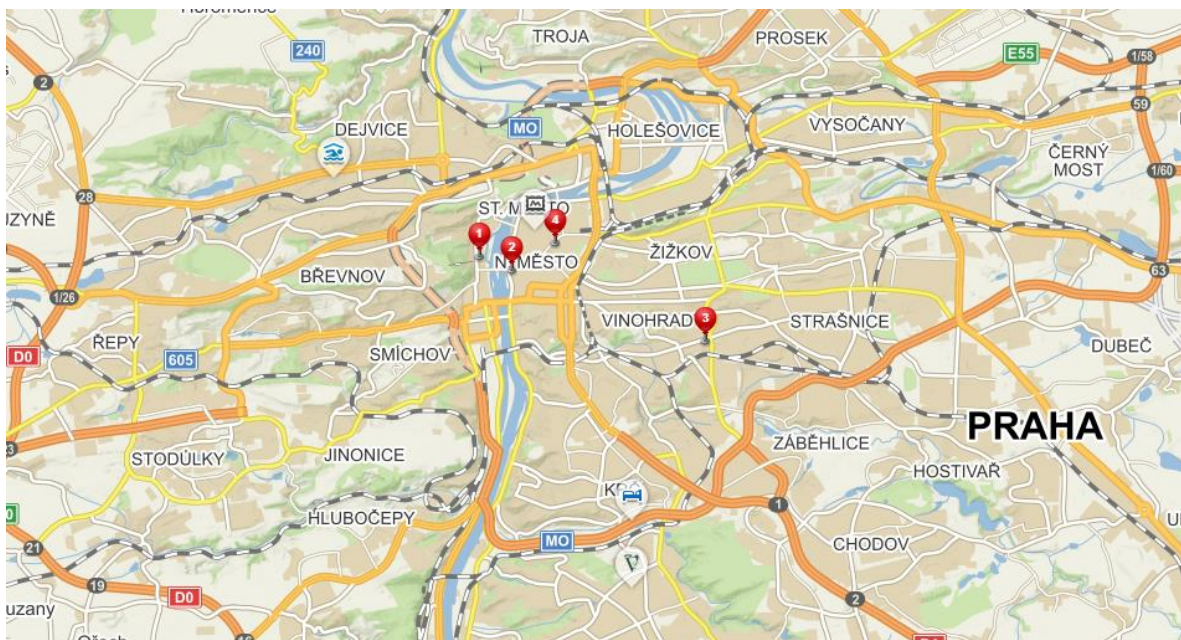
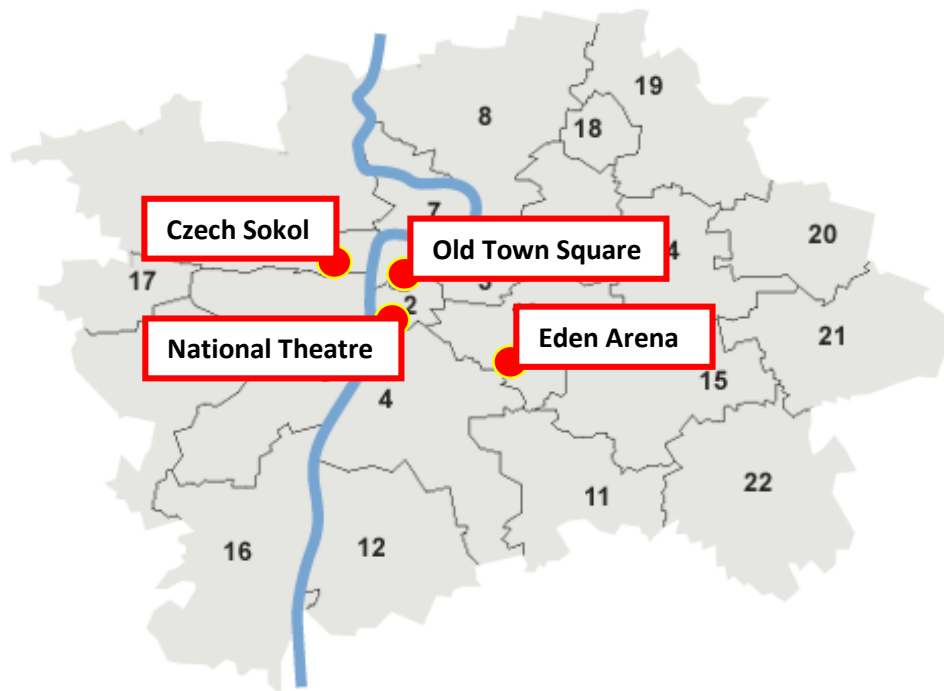
Prague – a jewel in the centre of Europe



Prague is the capital of the Czech Republic and, with over 1.2 million residents, also the largest city. Prague is located in Central Bohemia. The history of Prague dates back to the year 880. Tourists from all over the world come to Prague to see its amazing architecture, ancient monuments and stunning views, and also to enjoy a great meal. The city has one of the best transport systems in Europe and is easily accessible from all European and most international airports.



Venues of All-Sokol Slet in Prague





Participant Program

Parade – Large Group Performances – Stage Performances – Seminar



Parade

March in a parade through the historical centre of Prague. Show the colours and energy of your country to the people of Prague. Streets and sidewalks will be there just for us!

Parade through the city of Prague



Large Group Performances

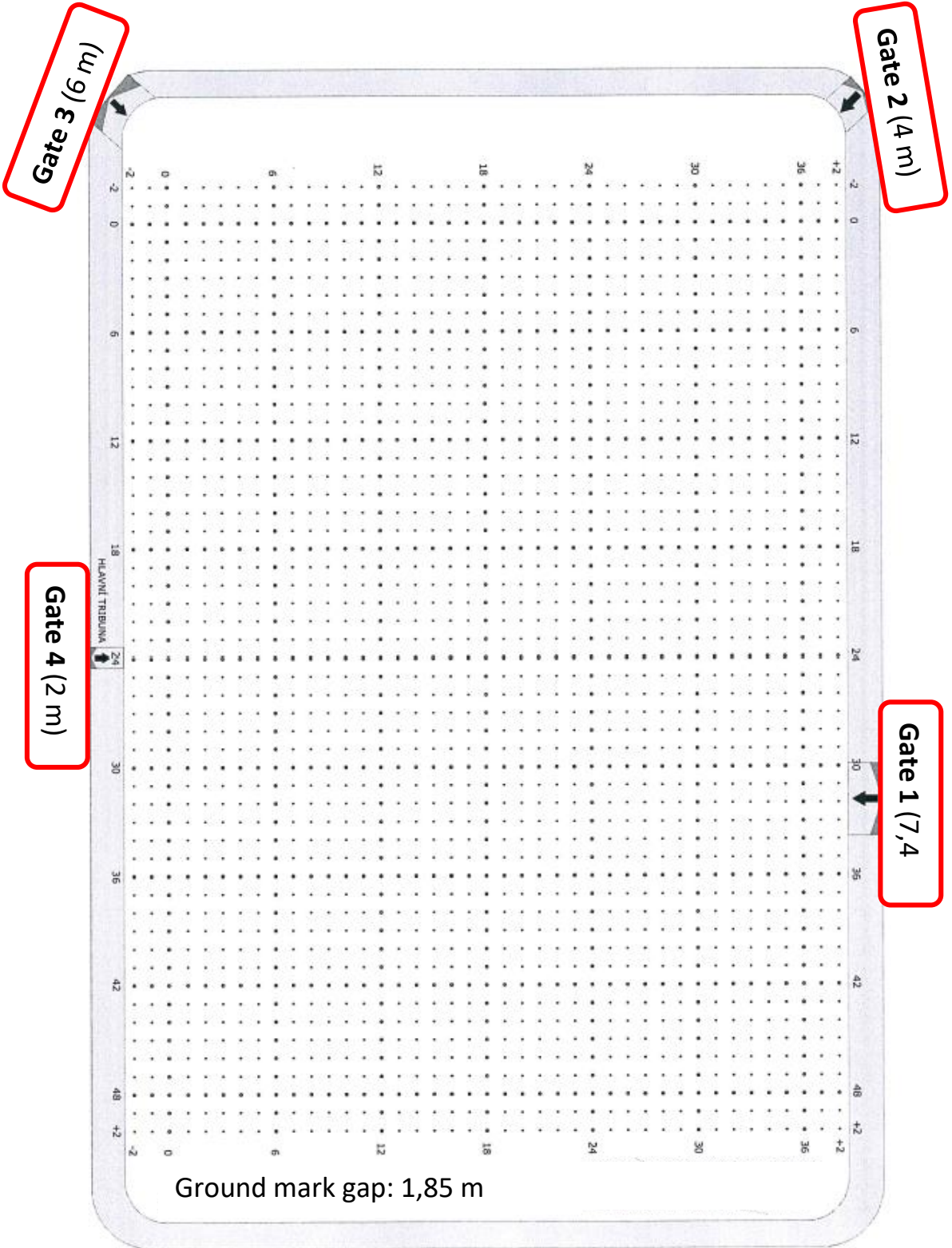
Large group performances take place at the Eden Arena and are among the highlights of the event. There are 2 different prepared programs: an evening program in scenic lights and an afternoon program in the daylight. Each performance will take 6 – 8 minutes, excluding the arrival and departure of the group. The maximum number of gymnasts participating in one large group performance is 1 728. The minimum is 140 gymnasts. The ground marks are 12 x 144, with a distance of 185 centimetres.

Large group performance in Eden Arena

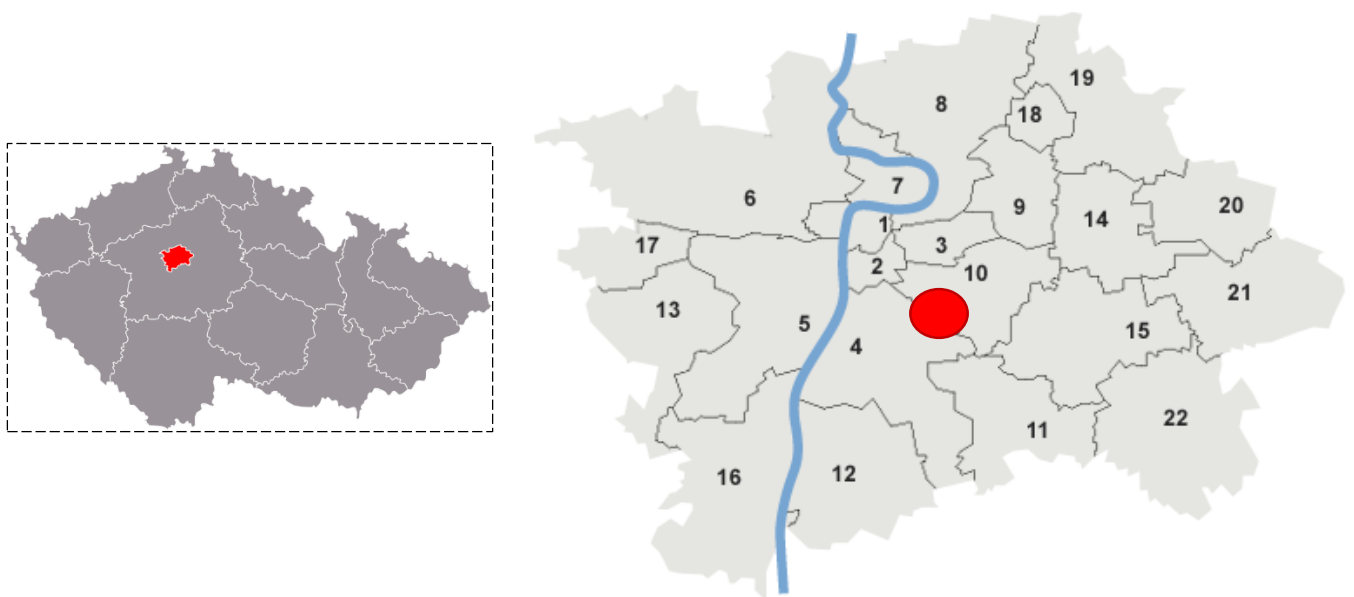


Register your large group performance through the registration form enclosed with this bulletin.

Ground mark net of Eden Arena



Eden Arena in Prague



With a space of 31 000 sq. meters and an impressive seating capacity for 20 617 spectators, Eden Arena is the most modern and largest sport venue in the Czech Republic. All seats are covered, ensuring a great experience even during extremely bad weather. The stadium was built in 2008 and is currently used as the home venue of the Czech football club Slavia Prague. As well as the pitch area, the multifunctional Eden Arena also offers facilities inside the stadium, which makes it unique. The arena includes a hotel, restaurant, conference and office premises, a bank, a fast-food chain and underground parking.



Stage Performances

There are 4 stages in some of the most popular locations in the city centre of Prague – the Old Town Square, the National Theatre Piazzetta, the Eden Shopping Centre Square and the “ground stage” at the House of Czech Sokol. The performance length is no more than 12 minutes. Each group has the possibility of staging 2-3 performances during the event.

Technical specifications of the stages:

- Area of 12 x 12 m
- Height 100 - 120 cm
- Roof 6 – 7 m
- Gymnastic carpet 3,5 cm thick
- Basic gymnastic equipment (will be specified)

Technical specification of the ground stage:

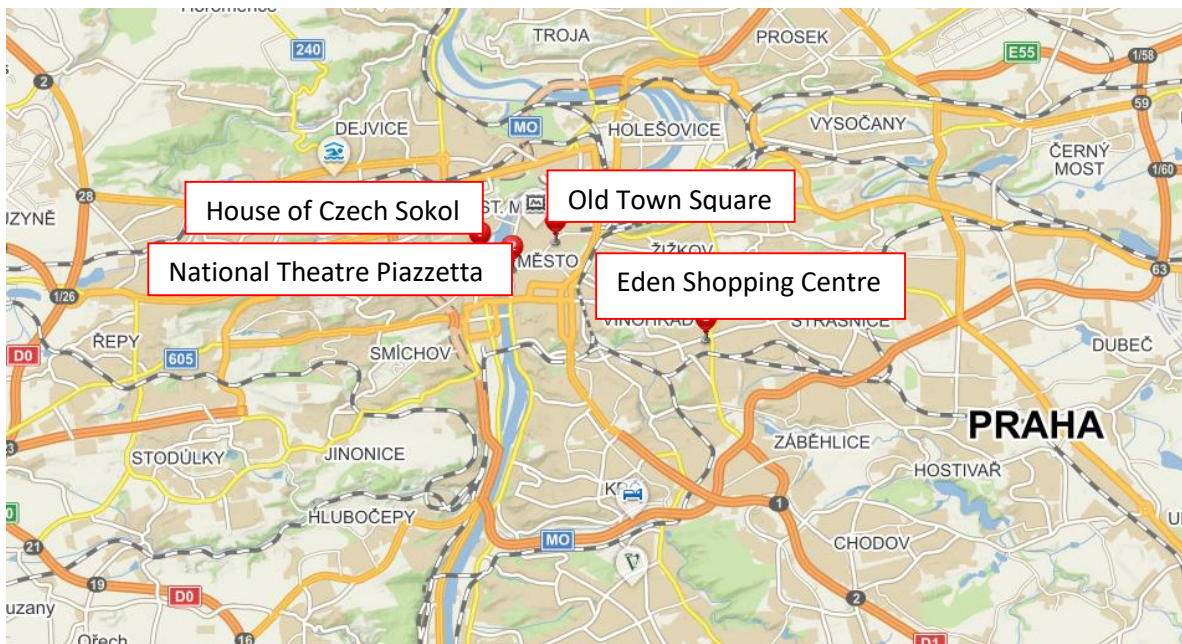
- Artificial lawn surface with the area of 20 x 40 m
- Wooden plates 12 x 14 m
- Basic gymnastic equipment (will be specified)

Register your stage performances through the registration form enclosed with this bulletin.

Representative picture of a performance stage



Map of stages in Prague



Stage performance in the Old Town Square



Seminar on the Future of Large Group Performances

Large group performances have a fine tradition in the Czech physical environment. We would love to share ideas with experts and federation members from all over the world who are involved and interested in the topic of large group performances. Come and share specific methods of creating large groups performances in different countries. Let yourself contemplate the future prospects of large group performances in these times of individualism. We will share experiences and trends with delegates from all over the world. The conference includes entrance to the two different prepared programs of large group performances.

Preliminary topics:

- History of large group performances
- Large group performances as an important part of the physical culture and image of a society
- Position of large group performances in the process of physical education – past and present
- Current trends in creating large group performances in the Czech Republic and worldwide
- Creating a large group performance (primary rules and principles, differences between creating a small (stage) and large group performance)
- Prospects for development in the creation of large group performances (future outlook)
- Evaluation of a large group performance (aspects and principles)
- Application of large group performances (All-Sokol Slets, World Gymnaestradas, opening and closing ceremonies of large sporting events such as the Olympic Games or World Championships, etc.)





Sport and Cultural Program

Sokol Gala – Cultural Program – Excursion and Sightseeing

Sport and Cultural Program

SOKOL GALA

Breathtakingly composed sport program in the O2 Arena, the largest and most modern arena in the Czech Republic. Fantastic show of Czech and foreign Sokol gymnasts.



CULTURAL PROGRAM

Traditional and untraditional theatre pieces shown in Prague theatres, traditional singing choirs, Sokol theatre pieces performed in the National Theatre, puppet shows, culture exhibitions and much more. You will have a unique opportunity to taste Czech culture.



EXCURSION AND SIGHTSEEING

Prague is one of the must-see cities of the world. There is an opportunity during the week to discover all its beauty.





Useful information

Transportation – Accommodation – Catering – Registration Fees



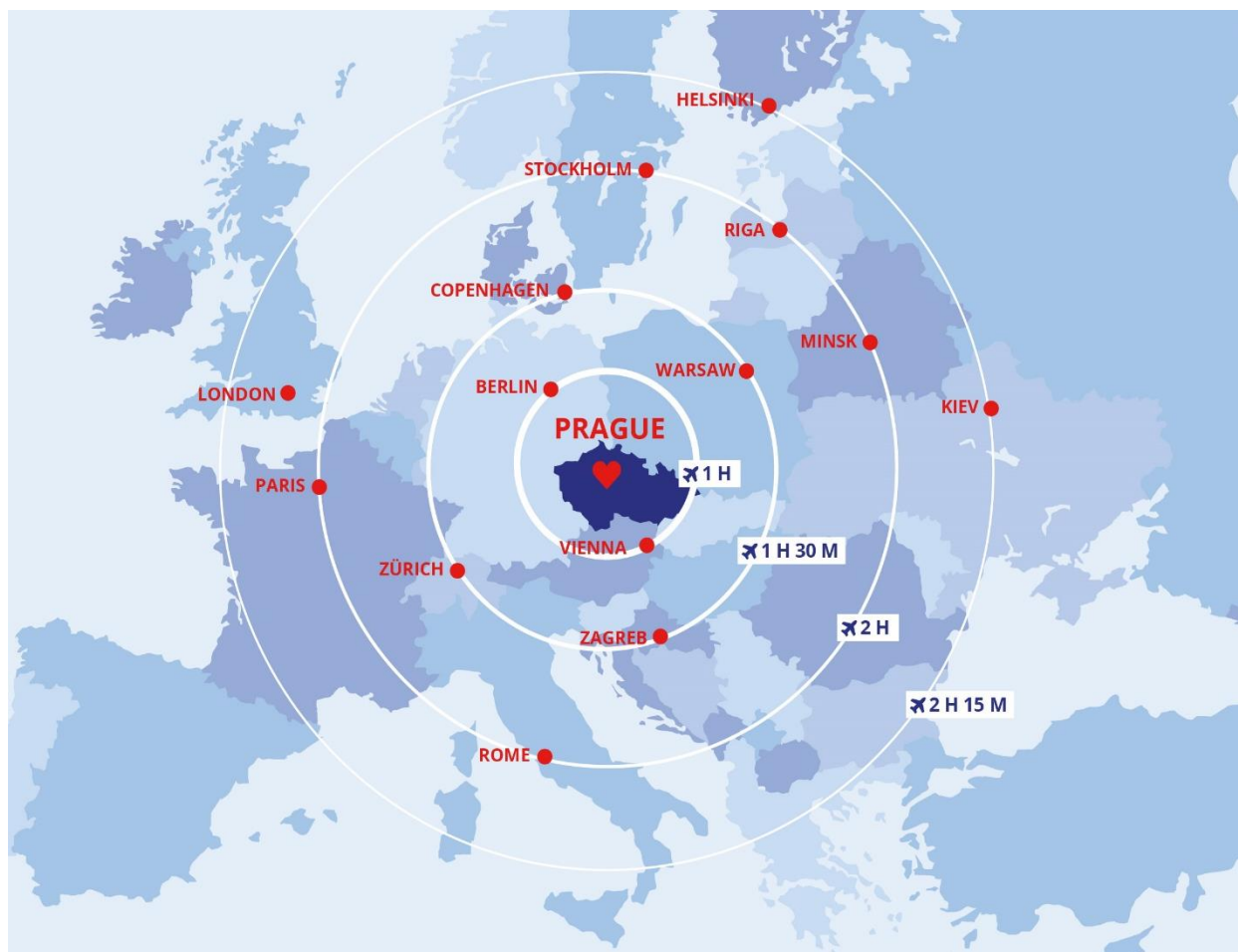
Travelling and Transportation

Travelling to the Czech Republic

The Czech Republic is one of the main transit points in Europe. The largest airport in the Czech Republic is the Václav Havel Airport in Prague, formerly called Ruzyně and renamed after the Czech president in 2012. The airport is situated on the outskirts of Prague, but the connection with the centre is very good. There are a number of regular-fare buses to take you to the centre of Prague (main train station) within 30 minutes or to various metro stations, such as Nádraží Veleslavín or Zličín. Tickets are included in the participant fee.

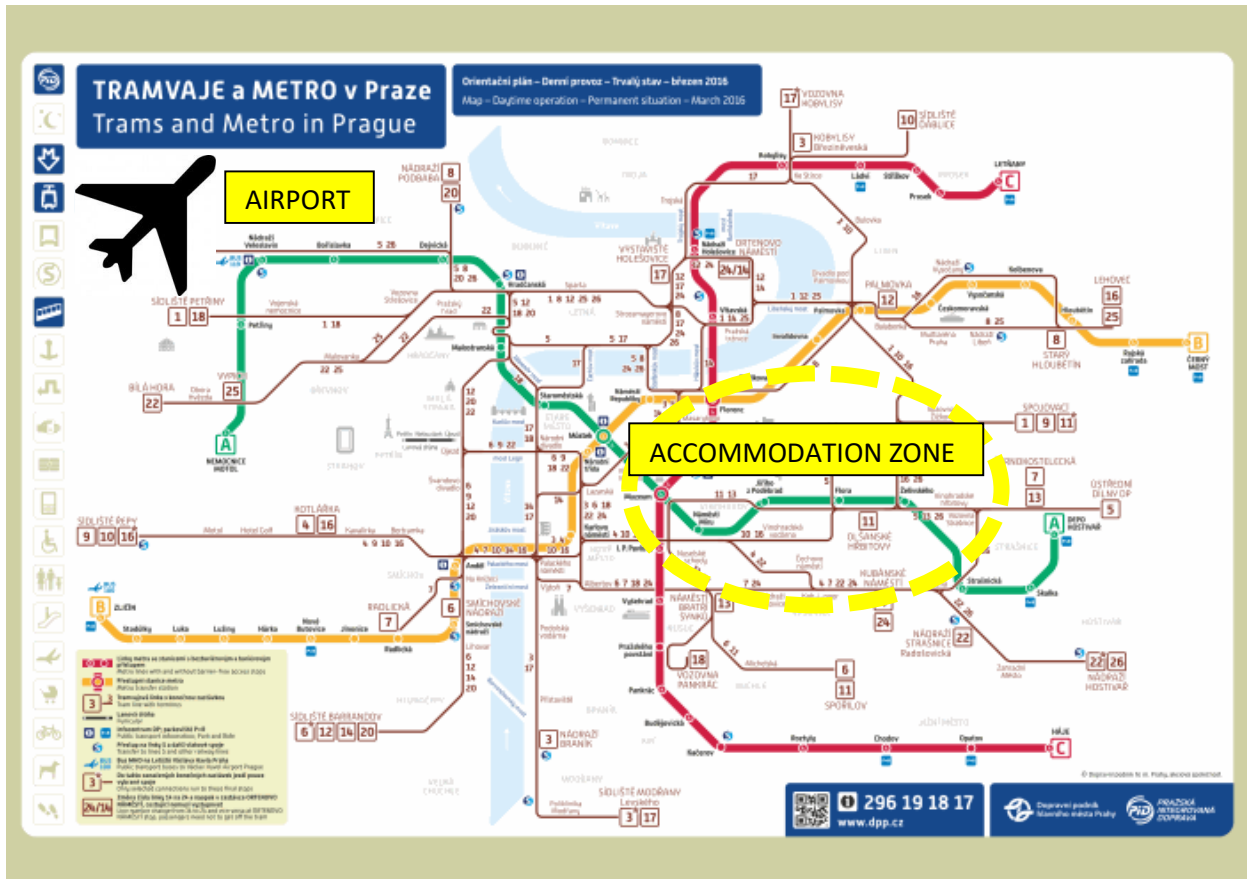
Other international airports are located in Brno, Ostrava, Pardubice and Karlovy Vary. The Czech Republic is also easily accessible from the airports of neighbouring nations, such as Vienna (AT), Dresden (GR), Wrocław (PL) and Bratislava (SK).

Prague is easily accessible



Travelling in Prague

Prague has an excellent public transport system consisting of subways, trams and buses. There are 3 subway lines: A (green), B (yellow) and C (red). Tickets for public transport in Prague are included in the participant fee.



Accommodation

Participants can choose from different types of accommodation according to their comfort requirements and financial options. In Prague, there are many hotels of all categories, as well as hostels and school facilities. Accommodation is not included in the participant fee. We will do our best to find the right type of accommodation facility for you.

Preliminary prices:

- **Hotel** (3* to 5*) 60 - 250 € person/night incl. breakfast
- **Hostel** (1* to 2*) 20 - 40 € person/night incl. breakfast
- **School** (low-cost) * 10 € person/night

*Sleeping on the floor in school classrooms, using your own sleeping pad and sleeping bag.



Catering

Catering is provided directly in the place of accommodation and is not included in the participant fee. Each school has a cantina which takes care of accommodated guests. In the school cantina you can enjoy traditional Czech meals along with international cuisine, e.g. Italian. The preliminary price of all-day catering (3 meals - breakfast, lunch, dinner) is 15 € per person, per day. The price will be specified in bulletin no. 2.



Registration Fees

Category	Fee
Ages 0 – 6	FREE
Ages 7 – 18	17 €
Ages 19+	25 €

The registration fee includes:

- ✓ Entrance to all program elements of the XVIth All-Sokol Slet Prague
- ✓ Public transport in Prague during the event
- ✓ Favourable prices for the accompanying program

Each participant must have appropriate **health, liability and repatriation insurance** valid in the Czech Republic for the duration of the event. Participants without insurance will not be accredited.

Participant fees in euro may change due to the current exchange rate.

Important deadlines

- 25th October 2017** – Notification of Interest to bvilimovska@sokol.eu
- 31st January 2018** – Registration and payment of 15% of the registration fee
- 13th April 2018** – 100% of the registration fee, accommodation and catering



Contact

Bc. Barbora Vilímovská
project specialist
bvilimovska@sokol.eu
+420 731 612 743





**Come to Prague and
experience the
ALL-SOKOL SLET 2018**

Notification of Interest

Please send the Notification of Interest to [bvlimovska@sokol.eu](mailto:bvilimovska@sokol.eu) by **25th October 2017**.

COUNTRY:		
ORGANISATION:		
EXPECTED NUMBER OF PARTICIPANTS:		
PARTICIPATION IN:	LARGE GROUP PERFORMANCES	
	AGE CATEGORY:	
	NUMBER OF GYMNASTS:	
	NUMBER OF PERFORMANCES:	
	CONTACT PERSON:	
	STAGE PERFORMANCES	
	NUMBER OF GYMNASTS:	
	NUMBER OF PERFORMANCES:	
	CONTACT PERSON:	
	SEMINAR ON THE FUTURE OF LARGE GROUP PERFORMANCES	
	NUMBER OF DELEGATES:	
	PARTICIPATION:	ACTIVE x PASSIVE
	if active - PRESENTED TOPIC:	
	CONTACT PERSON:	
RESPONSIBLE PERSON:		
	NAME:	
	E-MAIL:	
	TELEPHONE NUMBER:	

Please send the Notification of Interest to [bvlimovska@sokol.eu](mailto:bvilimovska@sokol.eu) by **25th October 2017**.

