

PROF. CHEUNG SIU YIN, MH

BIOGRAPHY

Prof. CHEUNG Siu Yin is a Full Professor of the Department of Physical Education at Hong Kong Baptist University. She received her master's and doctoral degrees in Physical Education from Springfield College, Massachusetts. U.S.A.

As a prolific researcher, she has written over 65 refereed publications as well as authoring 17 books and book chapters. She has received research and teaching development grants in excess of HK\$16millions (US\$2millions) and has delivered over 200 keynoted, invited, professional, and scholarly presentations around the world (e.g. Brazil, Canada, China, Germany, Greece, Hong Kong, Italy, Japan, Korea, Malaysia, Singapore, Spain, Taiwan, Thailand, the Philippines, United Kingdom, and the United States, etc). Qualitatively, her work focuses on issues of importance to scholars and professionals in the areas of sport and exercise psychology, elderly wellness, stress management, motor development and motor learning, as well as physical education. The "Exercise for Senior Citizens" pamphlets written by Prof. Cheung have been widely utilized for years as the official publications for the Hong Kong Special Administrative Region (HKSAR) Government. Her book, "the Essence of Stress Management Platform", is a common primary and secondary school library's collection.

Prof. Cheung has been appointed by the Government of HKSAR as the chairperson and member of the Sir David Trench Fund as well as serving as an advisor of the Leisure and Cultural Services Department in sports and recreation committees and committee member in different government agencies such as the Home Affairs Bureau, the Hong Kong Examinations and Assessment Authority, the Education Department and the Curriculum Development Council. She has also been invited to serve as committee member in several community agencies such as the Chinese YMCA of Hong Kong, Aberdeen Kai-fong Welfare Association Social Service Centre, and the Hong Kong Sports Association for the Mentally Handicapped. Internationally, she is an executive committee member of the International Sport and Culture Association.

As a former gymnast herself, Prof. Cheung has a passion for gymnastics. She is the Chairperson of the Gymnastics Association of Hong Kong, China and represented Hong Kong in several capacities (e.g. head of delegation and international brevet judge) at various regional and international gymnastics competitions (e.g. Asian Games, World Class Artistic Gymnastics Championships). She continues to serve as the honorary Executive committee member of the Asian Gymnastic Association.

Prof. Cheung has been widely recognized for her excellence. She has been honored with several awards, including: the Medal of Honour from the HKSAR Government; the Senior Research Fellow from the American Leisure Academy, the Research Fellow from the American Alliance for Health, Physical Education Recreation and Dance; the Outstanding Project Award- Certificate of Merit for the Student Stress Management Platform from the Hong Kong Quality Education Fund; the Honorary Research Fellow from Dr. Stephen Hui Research Centre for Physical Recreation and Wellness, etc. She has also been listed as an International Who's Who of Professionals by the Who's Who Historical Society as well as the Who's Who in Hong Kong.

Finding tremendous satisfaction, Prof. Cheung plans to continue her current capacity and promote wellness through leisure, physical education and sport both locally and internationally.