

# Czech Sokol Organization

under the auspices of

Ministry of Education, Youth and Sport of the Czech Republic  
and  
International Sport and Culture Association

**proudly hosts**

## **The International Workshop for Instructors of Parents and Children** *Prague 11<sup>th</sup> - 13<sup>th</sup> of November 2016*



## **Call for Input**

### **Special invitation to**

Sport for All Organizations, Associations, Institutions, Universities,  
Maternity Centers, Nursery Schools

#### **Theme**

**The use of untraditional and innovative materials during the exercise of parents and children, pre-school children.**

***How to motivate preschoolers to use recyclable materials during PE lessons?***



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## INTRODUCTION

Children are the future of our communities, so we have to take care of them by contributing to their quality of life. ISCA member Czech Sokol Organization is doing just that by organizing the International Workshop for Instructors of Parents and Children.

PaCH represents an initiative to give preschool children and their parents the opportunity to be physically active in a safe and welcoming environment and the workshop will promote this with practical workshops supported by theoretical lectures.

## WHAT IS PACH 2016

- *An occasion where you can find an inspiration or share your experience with physical activities and sports for the target group of parents and children and pre-school children (PaCH), both in a practical and theoretical way.*
- *A place where you can find other instructors and experts with similar passion for coaching and motivating children to physical activity.*

*You can taste the atmosphere from PaCH 2014 [here](#).*

## HOW TO GET INVOLVED?

We offer to organizations, institutions or individuals the possibility to actively participate in the program of PaCH 2016 in a following ways:

**1. As a keynote speaker** (lecture max 50 min) at the plenary session, **or with a short presentation** (max 25 min), which is connected to the main theme of the workshop.

- *If you are interested in presentation of your experience, findings, results of your research etc., please, send a brief abstract of your lecture and short resume.*

**2. By leading a sample lessons** during parallel workshops.

- *If you wish to actively participate in practical lectures, please, send the description of your sample lesson, rough content and equipment needed.*

**3. By presenting** your projects or activities **on a poster** in a poster section.

- *If you wish to informally communicate your organization or individual projects or activities during breaks, (from demonstrations, mini workshops, research presentations, representations of organization, topics that attract strong audience feedback/interaction and, of course, topics connected to the main theme), please, send the description of your poster.*

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Please submit your input by **8 April 2016** through the [online form](#). If you are unable to use the form, either [send an email](#) with the subject title *Call for Input*, or use the form attached. We will respond to all sent proposals.

The presenters and speakers will be chosen by a jury formed of partners of the workshop (Sokol Central School, members of the Central Board of Instructors and honorary members of Czech Sokol Organization) on the basis of the sent proposals.

## **PRACTICAL INFORMATION & ADMISSION FEES ON THE PACH2016**

Only the speakers whose proposals are selected can benefit from a free admission on the whole workshop for the three days.

Accommodation and catering expenses of the keynote speakers and presenters of practical lessons will be taken care of by the Czech Sokol Organization. The presenters in poster section will pay for their accommodation and catering.

The speakers will pay travelling expenses.

## **BACKGROUND**

Czech Sokol Organization (COS) is the fourth largest civil organization in the Czech Republic whose almost 170,000 members go in for sports, movement activities in sport for all clubs and cultural activities, all on voluntary basis.

Ancient idea of kalokagathia actively developed by Sokol founder Dr. Miroslav Tyrš and his successors established wide movement which significantly contributed to the birth of Czechoslovakia and significantly influenced the history of Czech (Czechoslovak) people.

One of the most progressively increasing groups in COS are the clubs of Parents and Children and Pre-school Children. In these clubs children in the age of 2 - 4 years with their parents and 4 - 6 years old children without parents regularly do their exercises. Under the leadership of qualified instructors children develop their natural locomotive, non-locomotive and handling skills using appropriate motivation of music and rhymes.

### **Important dates**

**8. 4. 2016 Deadline for submitting the input (abstracts, descriptions)**

**31. 5. 2016** Selection of the contributions

**14. 6. 2016** Information on chosen contributions and program of the workshop

**1. 9. 2016** To send the final version of selected posters to poster section

Find more information on our Facebook page:

[www.facebook.com/skolacos](http://www.facebook.com/skolacos)

[www.sokol.eu](http://www.sokol.eu)

Hashtag: #PaCH2016

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## Application for the Contributions

Fill in the on-line form at: <http://goo.gl/forms/rslpyvo1Dc>

Or send form by e-mail or post to:

**Milan Hybner**  
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tel.: +420 257 007 228

Central Sokol School  
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118 01 Prague 1  
Czech Republic

### Organization

**Name of the organization:**

**Postal address:**

**Telephone:**

**E-mail:**

**Web sites:**

**Information about the organization (300 words at max.):**

### Lecturer

**First name:**

**Surname:**

**Title:**

**Position in the organization:**

**Telephone:**

**E-mail:**

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**Title of the contribution:**

**Brief summary (1,000 words at max.):**